

Worldly View	Biblical View	Scriptures
Addiction	Slavery, idolatry, lover of pleasure/self rather than lover of God, refuge in something other than God	Jonah 2:8, Colossians 3:5, 2 Peter 2:19, Romans 6, Psalm 16:4, Galatians 5:19-21, Galatians 4:8, Psalm 62:5-7
I'm... an Addict, alcoholic, recovering addict, in recovery	In Christ I am a new creation (addiction is the struggle not the identity), free, no longer a slave	2 Corinthians 5:17, Romans 6:6-7, John 8:36, Galatians 2:20
Addictive Personality/Behavior	Sin nature, indwelling sin	Romans 3:23, Galatians 5:17-21, Mark 7:20-23, Isaiah 64:6
Codependent	Fear, idolatry, lack of faith/trust, fear of man, desire to control	2 Timothy 1:7, Proverbs 29:25, Acts 5:29, Deuteronomy 31:6, Proverbs 3:5-8, Hebrews 13:6, Isaiah 12:2
Normies, People who don't have addiction, Normal people	We are all the same, all in need of rescue from our sin	Romans 5:6-8, Romans 10:10-13, Galatians 3:26-28, Colossians 3:9-11
Recovery	Change or transformation, freedom	2 Corinthians 3:18, 1 Corinthians 6:11, Romans 12:2, Psalm 51:10, Galatians 5:1
Character defect, compulsive behaviors, wrongs, disease, we all make mistakes	Sin and the response of repentance, sin nature	1 John 1:8-10, Acts 3:19, Romans 3:23, Titus 2:11-12, Psalm 51:1-2
Higher Power	Jesus Christ, Who conquered sin and death	Ephesians 1:15-23, Colossians 1:15-17, John 1:1-3
Amends	Forgiveness and reconciliation	Proverbs 28:13, Psalm 32:5, Proverbs 14:9, James 5:16, Romans 14:9, Hebrews 12:14,
Moral Compass	Holy Spirit, Word of God	John 14:26, John 16:13, 2 Timothy 3:16-17
I need to fix this, work harder, do better	God needs to change my heart, I need to see that Christ has dominion over sin	Philippians 2:13, 2 Corinthians 3:5, Philippians 4:7-9, Philippians 1:6, 1 Thessalonians 5:23
Triggers	Temptation	1 Corinthians 10:13, Hebrews 4:15
Spiritual Experience	Salvation	Acts 16:31, Acts 2:21, Romans 5:8, Ephesians 2:4-5, Romans 10:13
Fake it 'til you make it	Power to obey through Christ, put to death sin nature, walk in obedience and faith despite feelings, don't lean on your own understanding	2 Corinthians 7:9-19, Romans 6:14, Colossians 3, 1 Peter 1:14, Proverbs 3:5-6, 2 Corinthians 5:6-9, Hebrews 11:6
Intervention	Loving confrontation, a call to repentance, bear one another's burdens, a call to follow Jesus	Galatians 6:1-3, Mark 10:17-22, 2 Timothy 2:21-26
Forgive yourself	Rest in, walk in and trust in the forgiveness of Christ secured at the cross	Isaiah 43:25, Ephesians 1:7, Psalm 103:12, Hebrews 10:12-14, Colossians 1:13-14
Tough love	Accountability, Discipline	1 Thessalonians 5:14, Luke 15:11-24
Let go, let God	Disciplined for godliness, we are required to respond: fight, put on, put off, put to death	1 Timothy 4:7, 1 Timothy 6:11-12, Ephesians 6:11, Colossians 3:5-17
Generational curse	Learned behavior, sinful behavior, Christ has dominion	Colossians 1:16, Romans 6:14

Connecting the desire to change with the Power to change